**ALEX ASSISTED LIVING**

**ESSENTIAL CAREGIVER (EC) VISIT** **GUIDELINES**

* Visitors must wear a surgical mask and eye protection the entire visit. Mask must always cover mouth and nose.
* Residents should wear a mask during the visit as tolerated.
* Essential Caregivers may provide cares for the resident such as grooming, lotioning, feeding, toileting etc.
* All visitors will need to hand sanitize before and after the visit.
* To limit exposure, AAL staff are not required to maintain a presence in the resident’s room during EC visits.
* Visits must be restricted to the resident’s apartment during the entirety of the visit. Public areas and restrooms are not open to visitors.
* Walks outdoors are permitted, must use the east side entrance only.
* No food or drink during visits.
* Visits are limited to twice a week for one hour. Visits will take place Tuesday-Sunday.
* Visits must be scheduled 24 hours in advance by calling 320-762-8345. Ask for Maggie, Casi or Kyleen.
* EC will participate in COVID-19 testing in the same manner as AAL staff (non-vaccinated EC’s Mondays from 10am-5:15p. Vaccinated EC will test monthly or more often as Douglas County positivity rates dictate)

Please call 320.762.8345 and ask for Maggie or Casi if you have any questions regarding testing for visitation.

*We reserve the right to refuse or suspend a visit if guidelines are not followed. We would be happy to discuss our rationale supporting such a decision. You may also contact the Office of Ombudsman for Long-Term Care at 651-431-2555 or toll-free 800-657-3591*.

**ALEX ASSISTED LIVING**

**COMPASSIONATE CARE VISIT**

**GUIDELINES**

* Compassionate Visits are recommended to help residents facing major upsets or end of life. Guidance states these visits should not be routine and allowed on a limited basis.
* Visitors must wear a surgical mask and eye protection the entire visit. Mask must always cover mouth and nose.
* Residents should wear a mask during the visit as tolerated.
* No food or drink during visits.
* All visitors will need to hand sanitize before and after the visit.
* Due to the risk of exposure, MDH guidelines state social distancing is required for unvaccinated residents. Vaccinated residents can choose to have close contact while wearing a face mask and preforming hand hygiene before and after.
* To limit exposure, AAL staff are not required to maintain a presence in the resident’s room during EC visits.
* Visits must be restricted to the resident’s apartment during the entirety of the visit.
* Walks outdoors are permitted, must use the east side entrance only.

Guidance we have received states single one-time visits are preferred. Please call **320.762.8345** and ask **Maggie or Casi** if you would like to discuss this further. *Visits may be limited to 1 hour. A maximum of two family members allowed to visit.*

*We reserve the right to refuse or suspend a visit if guidelines are not followed. We would be happy to discuss our rationale supporting such a decision. You may also contact the Office of Ombudsman for Long-Term Care at 651-431-2555 or toll-free 800-657-3591*.

**ALEX ASSISTED LIVING**

**GENERAL INDOOR VISITOR**

**GUIDELINES**

Visits must be scheduled 24 hours in advance by calling **320-762-8345. Ask for Maggie, Casi or Kyleen.**

* All visitors will be screened before entrance into AAL. Visitors who do not pass the entrance screening are unable to visit.
* Visitors must wear a surgical mask and eye protection the **entire** visit. Mask must always cover mouth and nose.
* Residents should wear a mask during the visit as tolerated.
* No food or drink during visits.
* All visitors will need to hand sanitize before and after the visit.
* Visits must be restricted to the resident’s apartment during the entirety of the visit. Public areas and restrooms are not open to visitors.
* Walks outdoors are permitted, must use the east side entrance only.
* To limit exposure, AAL staff are not required to maintain a presence in the resident’s room during visits.
* Residents with confirmed COVID-19 infection cannot have visits until quarantine is lifted.
* If the facility experiences a COVID-19 outbreak (one or more residents, staff, and/or visitors positive for COVID-19) visits will be suspended for a period of time.
* **If you experience COVID like symptoms up to 48 hours after a visit please call AAL at 320.762.8345 and notify Maggie, Casi, or Kyleen.**

Please call 320.762.8345 and ask for Maggie or Casi if you have any questions regarding visitation.

*We reserve the right to refuse or suspend a visit if guidelines are not followed. We would be happy to discuss our rationale supporting such a decision. You may also contact the Office of Ombudsman for Long-Term Care at 651-431-2555 or toll-free 800-657-3591*.